## How to make lakamiin

(adapted for beginning students from Virginia Beaver's original recipe)

## Ingredients:

dried fish dried meat flour water

Key actions:

wash Pour Boil Sprinkle Mix Drop in Stir Cook

Measurements: Full cup Handful

## Time:

5–10 minutes now

## Utensils:

pan bowl water spoon fingers

- 1. Put water in pan. (pour)
- 2. Boil water.
- 3. (Put) Pour flour in bowl.
- 4. Sprinkle flour with water.
- 5. Mix with fingers.
- 6. Drop into water.
- 7. Stir fish or deer meat into pot.
- 8. Cook (for 5 to 10 minutes).